

DEPARTMENT OF HEALTH AND HUMAN SERVICES  
CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 04/04/2007  
FORM APPROVED  
OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>045304</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____	(X3) DATE SURVEY COMPLETED  <b>C</b> <b>03/27/2007</b>
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NAME OF PROVIDER OR SUPPLIER  <b>BEEBE RETIREMENT CENTER, INC.</b>	STREET ADDRESS, CITY, STATE, ZIP CODE <b>709 MCAFEE LANE</b> <b>BEEBE, AR 72012</b>
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F 000	INITIAL COMMENTS  Complaint #12447 is unsubstantiated. However, unrelated deficiencies were cited at F-222 and F-329.	F 000		
F 222 SS=E	483.13(a) CHEMICAL RESTRAINTS  The resident has the right to be free from any chemical restraints imposed for purposes of discipline or convenience, and not required to treat the resident's medical symptoms.  This REQUIREMENT is not met as evidenced by: Based on record review and interview, the facility failed to ensure that a chemical restraint was not imposed for the purpose of staff and/or family convenience for 1 (Resident #5) of 7 (Residents #1 - #7) case mix residents with physician orders for psychoactive medication. This failed practice had the potential to affect 22 residents with PRN (when needed) psychoactive medication physician orders according to the Psychoactive Medication List provided by the Administrator on 3/23/07 at 11:55 a.m. The findings are:  Resident #5 had diagnoses of End Stage Renal Disease, Renal Dialysis, Chronic Obstructive Pulmonary Disease (COPD), Arteriosclerotic Heart Disease (ASHD), Coronary Artery Disease (CAD), Depression, Hypertension (HTN), Parkinsonism, Malnutrition, Pain and Anxiety. The Medicare 14 day Minimum Data Set (MDS) dated 3/15/07 documented the resident had modified independent cognitive skills for daily decision making, suffered from persistent anger at nursing home placement, had repetitive complaints and movements, was withdrawn from activities, had decreased social interaction,	F 222		

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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F 222	Continued From page 1 wandered, and required limited assistance with Activities of Daily Living.  a. The resident's Admission Care Plan (No date) documented: "Behavioral Symptoms: Non-complaint with giving charge nurse cigarette lighter. Keep environment calm and relaxed. Meet physiological needs. Mood State: Assess, monitor, and document mood changes. Meds (medications) as ordered. Psychosocial Well Being: Orient to facility. Encourage participation in daily care and decisions. Introduce to peers and encourage socialization. " The Plan of Care did not address specific behaviors for this resident other than being non-compliant at times.  b. Nurses Notes dated 2/26/07 at 7:00 p.m., documented, " Son [name of son] here states they took resident home for visit but now he refuses to come back to facility, getting very upset. Son asks if there's anything we have to calm him [resident] down because he would probably become combative. [Name of Physician] notified, received 1 x (time) order for Ativan 1 mg. IM (intramuscularly). Resident ambulated into facility with family members under the impression that he had to stop by here for meds and a shot. Resident angry but took meds well. Told resident to lie down on bed for shot. Ativan 1 mg. IM in left gluteal area injected. Resident lying still per nurse suggestion and was sound asleep in approximately 15 minutes. Family left shortly there after. Monitored. Side rails up times 2. "  c. Nurses Notes dated 3/1/07 at 12:00 p.m. documented, " Refused lunch, states, ' I've never seen such a mess as what's on that plate. ' Asked resident what he would prefer to eat.	F 222		

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F 222	<p>Continued From page 2</p> <p>Resident stated, ' It don't matter, I'm leaving here. ' Resident walking to smoke room with cigarette, using w/c (wheelchair) as rolling walker. Denies pain. "</p> <p>d. Nurses Notes dated 3/2/07 at 1500 (late entry) documented, " Psych consult ordered for increased agitation, cussing, packing bags, wanting to leave, and refusing to eat meals. Social director spoke with family and family requested Psych consult. [Name of Physician] gave order to consult. "</p> <p>e. Nurses Notes dated 3/3/07 at 0900 documented, " Resident wandering up and down halls. Appears very restless. Taken for dialysis. 1300 (1:00 p.m.) returned from dialysis again. Resident states going home will not stay here with ' these crazy people. ' 1500 (3:00 p.m.) Staying at nursing station stating will not stay here. Called family concerning this matter. 1630 (4:30 p.m.) called [name of physician] for med (medication) for anxiety. Family [name of family member] called. Ativan 1 mg. po tid (three times a day) prn (when needed) for anxiety TO. (telephone order) [name of physician].</p> <p>f. Nurses Notes dated 3/3/07 at 1800 (6:00 p.m.) documented, "Ativan 0.5 mg. :/: (2 tablets) from ER (Emergency) Box administered at this time for increased anxiety. "</p> <p>g. Nurses Notes dated 3/3/07 at 1945 (7:45 p.m.) documented, " Resident at NS (Nurses Station) requesting to call family. Spoke with daughter-in-law and then spoke with spouse and started yelling and cursing over telephone. Call placed to MD and new order received for Ativan 1 mg. and Haldol 2.5 mg. IM x's 1 dose. "</p>	F 222			

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F 222	Continued From page 3  h. Nurses Notes dated 3/3/07 at 2010 (8:10 p.m.) documented, " Ativan 0.5 cc's (1 mg.) and Haldol 2.5 mg. (0.5 cc's) administered IM to LGM (Left Gluteal Muscle) without c/o (complaint of) pain voiced. (Note: Ativan and Haldol dosage was given only 2 hours after the first dose of Ativan was given as documented in the Nurses Note dated 3/3/07 at 1800).  i. Physician's Orders dated 3/5/07 documented, " Zyprexa 5 mg. (milligrams) PO (by mouth) HS (hour of sleep) Malnutrition (calorie), Cymbalta 30 mg. po HS Depression, Wellbutrin 100 mg. po bid (2 times per day) Depression, Paxil 20 mg. po qd (everyday). "  j. A Daily Skilled Nurses Note dated 3/7/07 at 1750 (5:50 p.m.) documented, " Family complains of increased agitation/anxiety with resident. Doctor notified. Orders received and initiated as ordered. Resident refused to eat in DR (dining room). Consumed 1/2 sandwich and 1 can soda in dayroom. Resident trying to leave. Discouraged to try to leave facility. Resident verbalized understanding of care. "  k. A Physician's Telephone Order dated 3/7/07 at 1650 documented, " Increase Cymbalta to 60 mg. qd (everyday). Xanax 0.5 mg. po tid (3 times a day). "  l. A Social Progress Note dated 3/12/07 (no time) documented, " Resident continues to be angry with placement in facility, however, he can be redirected after some time. "  m. On 3/26/07 at 4:00 p.m., the DON (Director of Nursing) was interviewed. When asked about the	F 222			

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F 222	Continued From page 4 resident being given the Psych medications at the family's request, the DON Stated, "It was all strange and sad. He [resident] didn't want anything except to be at home. He wasn't mean or acting out. The family just wanted him sedated so they wouldn't have to deal with his anger when they left him here and they wouldn't give up or wasn't satisfied until we got him sedated. We did arrange for a Psych Consult be he [resident] died on the day he was to be seen."  n. On 3/27/07 at 3:29 p.m., the Administrator brought the Social Director to the surveyor's work area and said that the Social Director handled all the Psych Consults and could answer all our questions. When asked about the resident's behaviors and medications the Social Director stated, "That resident did not want to be here and this was understandable because almost all residents act like this. It was the family's insistence that he be medicated. This resident was a farmer and loved to be outside. He was also a smoker so I took him outside one day and he was fine. We did some shrubs and he was fine. I talked to him about his wanting to go home and told him that we needed to work on some short term goals to get him better so that he could go home. We even talked about getting him a bird and he seemed happy about this. His family was just very insistent about him being medicated." The Social Director was asked if the resident was exhibiting very agitated behaviors, the Social Director said, "No he just wanted to go home and he was medicated at the family's insistence."	F 222			
F 329 SS=E	483.25(I) UNNECESSARY DRUGS  Each resident's drug regimen must be free from unnecessary drugs. An unnecessary drug is any	F 329			

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F 329	<p>Continued From page 5</p> <p>drug when used in excessive dose (including duplicate therapy); or for excessive duration; or without adequate monitoring; or without adequate indications for its use; or in the presence of adverse consequences which indicate the dose should be reduced or discontinued; or any combinations of the reasons above.</p> <p>Based on a comprehensive assessment of a resident, the facility must ensure that residents who have not used antipsychotic drugs are not given these drugs unless antipsychotic drug therapy is necessary to treat a specific condition as diagnosed and documented in the clinical record; and residents who use antipsychotic drugs receive gradual dose reductions, and behavioral interventions, unless clinically contraindicated, in an effort to discontinue these drugs.</p> <p>This REQUIREMENT is not met as evidenced by: Based on observation, interview, and record review the facility failed to ensure residents receiving psychoactive medications had diagnoses to support the use of the medication for 1 (Resident #5) of 7 (Residents #1 through #7) case mix residents that had physician orders for psychoactive medications. The facility failed to ensure an indication for use of duplicate therapy was assessed for 1 (Resident #5) of 7 (Residents #1 through #7) case mix residents that had physician orders for psychoactive medications. The facility failed to ensure pharmacist recommendations for dose reductions were adhered to and/or failed to ensure that the benefit</p>	F 329			

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F 329	Continued From page 6 rationale for the use of the medication dosages were documented for 1 (Resident #6) of 7 (Resident #1 through #7) case mix residents observed for medication dose reduction recommendations. This failed practice had the potential to affect 22 residents with PRN (when needed) psychoactive medication physician orders according to the Psychoactive Medication List provided by the Administrator on 3/23/07 at 11:55 a.m. The findings are:  1. Resident #5 had diagnoses of End Stage Renal Disease, Renal Dialysis, Chronic Obstructive Pulmonary Disease (COPD), Arteriosclerotic Heart Disease (ASHD), Coronary Artery Disease (CAD), Depression, Hypertension (HTN), Parkinsonism, Malnutrition, Pain and Anxiety. The Medicare 14 day Minimum Data Set (MDS) dated 3/15/07 documented the resident had modified independent cognitive skills for daily decision making, suffered from persistent anger at nursing home placement, had repetitive complaints and movements, was withdrawn from activities, had decreased social interaction, wandered, and required limited assistance with Activities of Daily Living.  a. The Admission Care Plan (No date) documented: "Behavioral Symptoms: Non-complaint with giving charge nurse cigarette lighter. Keep environment calm and relaxed. Meet physiological needs. Mood State: Assess, monitor, and document mood changes. Meds (medications) as ordered. Psychosocial Well Being: Orient to facility. Encourage participation in daily care and decisions. Introduce to peers and encourage socialization." The Plan of Care did not address specific behaviors for this resident other than being non-compliant at times.	F 329			

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F 329	Continued From page 7  b. Nurses Notes dated 2/26/07 at 7:00 p.m., documented, "Son [name of son] here states they took resident home for visit but now he refuses to come back to facility, getting very upset. Son asks if there's anything we have to calm him [resident] down because he would probably become combative. [Name of Physician] notified, received 1 x (time) order for Ativan 1 mg. IM (intramuscularly). Resident ambulated into facility with family members under the impression that he had to stop by here for meds and a shot. Resident angry but took meds well. Told resident to lie down on bed for shot. Ativan 1 mg. IM in left gluteal area injected. Resident lying still per nurse suggestion and was sound asleep in approximately 15 minutes. Family left shortly there after. Monitored. Side rails up times 2. "  c. Nurses Notes dated 3/1/07 at 12:00 p.m. documented, " Refused lunch, states, ' I've never seen such a mess as what's on that plate. ' Asked resident what he would prefer to eat. Resident stated, ' It don't matter, I'm leaving here. ' Resident walking to smoke room with cigarette, using w/c (wheelchair) as rolling walker. Denies pain. "  d. A Social Progress Note dated 3/2/07 (no time) documented: "Resident was admitted to facility alert and oriented to name. Resident scored 19 on Folstein Mini-Mental showing short/long term memory deficit. Resident scored 3 on Depression Scale. Resident takes Cymbalta, Wellbutrin, and Paxil for Depression. Resident showing signs of anger toward placement in facility, toward family, sad expression on face, however can be changed and redirected after times and working to redirect him."	F 329			

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F 329	Continued From page 8  e. Nurses Notes dated 3/2/07 at 1500 (late entry) documented, "Psych consult ordered for increased agitation, cussing, packing bags, wanting to leave, and refusing to eat meals. Social director spoke with family and family requested Psych consult. [Name of Physician] gave order to consult."  f. Nurses Notes dated 3/3/07 at 0900 documented, "Resident wandering up and down halls. Appears very restless. Taken for dialysis. 1300 (1:00 p.m.) returned from dialysis again. Resident states going home will not stay here with 'these crazy people.' 1500 (3:00 p.m.) Staying at nursing station stating will not stay here. Called family concerning this matter. 1630 (4:30 p.m.) called [name of physician] for med (medication) for anxiety. Family [name of family member] called. Ativan 1 mg. po tid (three times a day) prn (when needed) for anxiety TO. (telephone order) [name of physician]."  g. Nurses Notes dated 3/3/07 at 1800 (6:00 p.m.) documented, "Ativan 0.5 mg. [2 tablets] from ER (Emergency) Box administered at this time for increased anxiety."  h. Nurses Notes dated 3/3/07 at 1945 (7:45 p.m.) documented, "Resident at NS (Nurses Station) requesting to call family. Spoke with daughter-in-law and then spoke with spouse and started yelling and cursing over telephone. Call placed to MD and new order received for Ativan 1 mg. and Haldol 2.5 mg. IM x's 1 dose."  i. Nurses Notes dated 3/3/07 at 2010 (8:10 p.m.) documented, "Ativan 0.5 cc's (1 mg.) and Haldol 2.5 mg. (0.5 cc's) administered IM to LGM (Left	F 329			

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F 329	<p>Continued From page 9</p> <p>Gluteal Muscle) without c/o (complaint of) pain voiced." (Note: Ativan and Haldol dosage was given only 2 hours after the first dose of Ativan was given as documented in the Nurses Note dated 3/3/07 at 1800).</p> <p>j. The Medication Administration Record (MAR) dated 3/3/07 at 8:00 p.m. documented the resident also received the following psychoactive medications in conjunction with the Ativan and Haldol injection: Zyprexa 5 mg., Wellbutrin 100 mg., and Cymbalta 30 mg.</p> <p>k. Physician's Order sheet for February 2007 documented, "Zyprexa 5 mg. (milligrams) PO (by mouth) HS (hour of sleep) Dx: (Diagnosis) Malnutrition (calorie)" with an original order date of 2/23/07, Cymbalta 30 mg. po HS Dx: (Diagnosis) Depression," with an original order date of 2/23/07, Wellbutrin 100 mg. po bid (2 times per day) Dx: (Diagnosis) Depression," with an original order date of 2/23/07 and Paxil 20 mg. po qd (everyday) Dx: (Depression)," with an original order date of 2/23/07.</p> <p>l. A Daily Skilled Nurses Note dated 3/7/07 at 1750 (5:50 p.m.) documented, "Family complains of increased agitation/anxiety with resident. Doctor notified. Orders received and initiated as ordered. Resident refused to eat in DR (dining room). Consumed 1/2 sandwich and 1 can soda in dayroom. Resident trying to leave. Discouraged to try to leave facility. Resident verbalized understanding of care."</p> <p>m. A Physician's Telephone Order dated 3/7/07 at 1650 documented, "Increase Cymbalta to 60 mg. qd (everyday). Xanax 0.5 mg. po tid (3 times a day)."</p>	F 329			

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F 329	Continued From page 10  n. A Social Progress Note dated 3/12/07 (no time) documented, "Resident continues to be angry with placement in facility, however, he can be redirected after some time."  o. On 3/26/07 at 4:00 p.m., the DON (Director of Nursing) was interviewed. When asked about the resident being given the Psych medications at the family's request, the DON Stated, "It was all strange and sad. He [resident] didn't want anything except to be at home. He wasn't mean or acting out. The family just wanted him sedated so they wouldn't have to deal with his anger when they left him here and they wouldn't give up or wasn't satisfied until we got him sedated. We did arrange for a Psych Consult be he [resident] died on the day he was to be seen."  p. On 3/27/07 at 3:29 p.m., the Administrator brought the Social Director to the surveyor's work area and said that the Social Director handled all the Psych Consults and could answer all our questions. When asked about the resident's behaviors and medications the Social Director stated, "That resident did not want to be here and this was understandable because almost all residents act like this. It was the family's insistence that he be medicated. This resident was a farmer and loved to be outside. He was also a smoker so I took him outside one day and he was fine. We did some shrubs and he was fine. I talked to him about his wanting to go home and told him that we needed to work on some short term goals to get him better so that he could go home. We even talked about getting him a bird and he seemed happy about this. His family was just very insistent about him being medicated." The Social Director was asked if the	F 329			

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>045304</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____		(X3) DATE SURVEY COMPLETED  <b>C</b> <b>03/27/2007</b>
NAME OF PROVIDER OR SUPPLIER  <b>BEEBE RETIREMENT CENTER, INC.</b>			STREET ADDRESS, CITY, STATE, ZIP CODE <b>709 MCAFEE LANE</b> <b>BEEBE, AR 72012</b>		
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F 329	<p>Continued From page 11</p> <p>resident was exhibiting very agitated behaviors, the Social Director said, "No he just wanted to go home and he was medicated at the family's insistence."</p> <p>q. As of 3/27/07, there was no diagnosis found in the clinical record to warrant the use of antipsychotic medication.</p> <p>2. Resident #6 had diagnoses of History of Colon Cancer, History of Renal Failure, Urinary Retention, Hypertension, Depression, Dementia, Anxiety, Insomnia, and Pain. The Quarterly Minimum Data Set dated 3/13/07 documented the resident was independent in cognitive skills for daily decision making, had no mood, behavior, or psychosocial problems, and required limited assistance with activities of daily living.</p> <p>a. A Social Progress Note dated 9/18/06 (no time) documented: "Resident scored +3 on Geriatric Depression Scale showing no indications for Depression."</p> <p>b. A Consultant Pharmacist Monthly Report dated 10/9/06 documented: This resident receives the tricyclic antidepressant AMITRIPTYLINE and ESCITALOPRAM (LEXAPRO) a SSRI'S (Selective Serotonin Reuptake Inhibitor). Clinicians should alert for pharmacokinetic or pharmacodynamic interactions between tricyclic antidepressants and the Selective Serotonin Reuptake Inhibitor (SSRIs) class of antidepressants. In several cases, symptoms of toxicity, including seizures, were reported when drugs from these 2 categories were used together. Patients receiving a tricyclic antidepressant should be monitored closely for toxicity if a SSRI-type drug</p>	F 329			

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F 329	<p>Continued From page 12</p> <p>is added. If you feel that the benefits of this combination therapy (i.e. better control of Depression) outweigh any associated risks (i.e. potential for drug-drug interaction), please document this in your progress notes and/or in the space below. RESPONSE: Psych Eval. (Psychological Evaluation).</p> <p>c. A Social Progress Note dated 10/15/06 (no time) documented: "Received note for Psych Eval. Fax to Physician."</p> <p>d. Nurses Notes dated 11/13/06 at 8:00 p.m. documented: "the resident ambulated in hall with CNAs (certified nurse aides), very talkative, appears happy. No c/o (complaints of) voiced, no distress observed."</p> <p>e. Nurses Notes dated 11/22/06 at 1500 documented: "pleasant."</p> <p>f. The Plan of Care dated 12/29/06 and updated on 3/9/07 documented: "Resident has diagnosis of Depression with no Mood indicators present at this time. Receives Anti-Depressant Medication daily for management of s/s (signs and symptoms) of Depression. Interventions included: Administer Anti-Depressant Medication as Ordered. Monitor for effects and side effects to anti-depressant medications and report to physician any significant findings."</p> <p>g. A Consultant Pharmacist Monthly Report dated 1/15/07 documented: Finding: "This resident has been receiving LEXAPRO 10 mg. qd (everyday) since 9/12/06 for Depression. Recommendation: Please consider a tapering or GDR (Gradual Dose Reduction) of the LEXAPRO in an effort to determine if this medication may be</p>	F 329			

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F 329	Continued From page 13 unnecessary for this resident. If you feel that this medication is necessary to maintain or improve this resident's function and quality of life, please provide this evidence in your progress notes and/or in the space provided below. RESPONSE: Psych Consult."  h. A Physician's Telephone Order dated 2/13/07 at 1400 documented: Psych Consult. [name of psychiatrist]. (Note: A Psych Evaluation was ordered 4 months after the initial response from the physician on the consultant pharmacist report dated 10/9/06.)  i. Nurses Notes dated 2/20/07 (no time) documented: [Name of Psychiatrist] here, received order to increase Lexapro from 10 mg. daily to 15 mg. daily. [Name of family member] notified.  j. A Nursing Home Reporting of Patient Illness form dated 2/20/07 (no time) documented: "Patients symptoms: [name of psychiatrist] here today, increased resident's Lexapro from 10 mg. to 15 mg. q am (every a.m.) with meals. Fax date to primary physician 2/21/07. Response: OK."  k. A Physician's Telephone Order dated 2/20/07 (no time) documented: Increase Lexapro from 10 mg. to 15 mg. daily.  l. A Nurses Progress Note dated 3/1/07 (no time) documented: "MOOD AND BEHAVIOR PATTERNS: Mood: Happy. Behavior: no problem. Mood/Behavior Status: no change. Additional Comments: Resident pleasant, cooperative, friendly, walks daily with rolling walker around facility. Visits with residents. Will go to residents' rooms and visit with residents	F 329			

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F 329	Continued From page 14 who do not leave their rooms. Smiling."  m. Physician's Orders dated 3/5/07 documented: "Amitriptyline 10 mg. (milligrams) po (by mouth) hs (hour of sleep). Neuropathy Pain. Order date 11/10/06. Lexapro 15 mg. (give 3 Lexapro 5 mg. tablets to = 15 mg.) po daily. Depression. Order date 2/20/07."  n. A Geriatric Depression Scale (short form) dated 3/9/07 documented the resident's total score as 3 and that a score of greater than 5 points is suggestive of depression and warrants a follow up interview. A score of greater than 10 points is almost always indicative of depression.	F 329			